You need to install the app for IOS or Android

Pair the screen with your IOS/Android device

In the app chose the use "Custom App" and use https://dms.visualart.se/tizen/epaper as url

All other settings will be set by the application, so you can set any value for sleep etc

It takes around 60 seconds to change image, so the minimum time a image/template is showed is 3 minutes.